

# World Centres Challenge Badge

4<sup>th</sup> South Wallington Guides & Rangers



We have produced a challenge badge about the 5 WAGGGS World Centres. We hope you enjoy it! Money raised will go to the units to fund trips, camps and meeting activities.

There are 6 sections, one for each World Centre, and another more general one about WAGGGS. We have tried to make the clauses accessible for everyone, but feel free to adapt them for your unit if you need to.

**Rainbows** should complete 1 challenge per section

**Brownies** should complete 1 challenge per section plus any 2 others

**Guides & Rangers** should complete 2 challenges per section

**Adults** should complete 2 challenges per section plus any 2 others

Challenges are on pp 1-13

Support materials are on pp 14-41

Order form is on p 42

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**4th South Wallington**

## Our Cabaña

Our Cabaña, or Nuestra Cabaña, is in the “City of Eternal Spring”, Cuernavaca, Mexico. It was opened in July 1957 and its blue front door (the Chief’s Door) was donated by Lady Baden-Powell. It is the biggest World Centre, and can accommodate up to 108 guests.

Our Cabaña adopted the Cuernavaca City symbol as part of its logo. The tree represents the worldwide Guiding movement. The roots are a symbol of friendship, while the trunk shows strength and continual growth of the Guiding movement. The three branches represent each part of the promise. The drop of water has two meanings: it is an Aztec symbol of life, and a symbol of communication.

### Activities:

1. The Day of the Dead is a festival celebrating members of your family who have died. Create your own family tree to celebrate your family. Make it as colourful as you can, and include pictures if possible.  
**NB: links to Rainbow Family Tree interest badge, Ranger Genealogy interest badge.**
2. The Day of the Dead celebrations are famous for featuring highly decorated and patterned skulls. Ice some biscuits with the colourful and intricate patterns used in Mexico—see image on p 14 for an example.
3. Create a sombrero from a disposable coffee cup and a paper plate. Decorate it with pompoms and bright patterns—see image and instructions on p 14.
4. Make a paper bag piñata—see image and instructions on p 15.
5. Make and play toma todo with a pirinola and counters—see instructions and template on p 16-17.
6. The Mexican Hat Dance, or Jarabe Tapatío, was named the national dance of Mexico in 1924. Dance the Mexican Hat Dance.
7. Create a unit Mexican Wave. How long can you keep it going? How fast can it go? Can you manage two (or more!) waves at the same time?
8. Make maracas and use them in some dancing.
9. Play pin the moustache on the cactus—see printable template on p 18-19.
10. Sing the Our Cabaña song. You can find videos of it being sung on YouTube, for example <https://youtu.be/8c8lbfBgimk>

11. Learn about Guiding in Mexico—what are the different sections? What uniform do they wear? What is their promise? How is it the same or different to ours?
12. Make a God's Eye, a traditional Mexican craft—see image and instructions on p 20.
13. Decorate rocks to look like cactuses—see image on p 20.
14. Try some Mexican food—quesadilla, sweet and savoury nachos, salsa, guacamole, or churros are just some suggestions—see recipes on page 21.
15. Play Mexican tag—a game played at Our Cabaña.

You need two blindfolds and two maracas or shakers, one each for the person who is It and the person they are trying to catch.

The rest of the girls should join hands and make a circle around them. It and the person being caught are positioned on opposite sides of the circle. It starts the game by shaking her maraca. The other girl must shake hers in return. It uses the noise to try and catch her—but both players can move around the circle.

The girls forming the circle must keep their hands joined at all times to protect the players. Once It has caught her prey, she picks someone else to be caught and the one who was caught becomes the catcher.

## Our Chalet

Our Chalet is the oldest World Centre. It opened in 1932 in Adelboden, Switzerland. Our Chalet was opened by the first World Chief Guide, Olave Baden-Powell, and Mrs Helen Storrow. Mrs Storrow was an early American Girl Scout leader who bought the site where Our Chalet is built and donated it to WAGGGS. She is one of only three American women to have received a Silver Fish award. Our Chalet was the first World Centre to have its own website, launched on World Thinking Day 1998.

### Activities:

1. Sing the Our Chalet song. You can find videos on YouTube of it being sung, for example [https://youtu.be/YWgkR5G\\_e7o](https://youtu.be/YWgkR5G_e7o)
2. Switzerland is famous for its chocolate. Taste different sorts of chocolate and work out which you prefer.
3. The area around Adelboden is famous for wood carving. Try soap carving using value soap from the supermarket and a pencil, lolly stick or chopstick. Can you carve a trefoil? See images on p 22 for a carved badge from Our Chalet and examples.
4. There are lots of mountains in Switzerland. Visit your local climbing wall/climbing centre and try it.
5. The Cresta Run is the most famous toboggan run in the world. You probably won't be able to try out a bobsleigh, but have a go at grass sledging. If you're lucky enough to live near a snow dome or dry ski slope, try that.
6. Lots of different cheeses are made in Switzerland. Try some different styles—which do you prefer?
7. The Vaud region is famous for paper cutting. Try your hand at cutting out detailed pictures from paper yourself, using scissors or a craft knife—Rainbows and Brownies could try decorating something using decoupage if paper cutting is too tricky. You can find instructions on how to create your own paper cut image at: <http://raisetherooftproductions.com/our-blog/how-to-make-a-paper-cut-gift-scherenschnitte>
8. Learn about the legend of William Tell, a famous Swiss, and act it out.
9. Pretend you're William Tell, try some archery.
10. Try chocolate fondue—see recipe on p. 22.

11. The language you speak in Switzerland depends on where you are. Some areas only speak German, some only French, and across the country the official languages are German, French, Italian and Romansch (a group of Swiss dialects rather than one language). Learn some useful phrases in French, German or Italian—see p23 if you need some help. **NB links to Brownies Languages interest badge**
12. Have a go at yodelling.

## Kusafiri

Kusafiri is the newest World Centre, which opened in 2010. It has no fixed location, but has travelled around Africa. So far, it has visited Ghana, South Africa, Rwanda, Kenya, Nigeria, Benin, Madagascar, Uganda, and Tanzania. The name Kusafiri means “to journey” in Swahili.

### Activities:

1. Make an African drum—see p24 for instructions.
2. Make a woven place mat or coaster—see p24 for instructions.
3. Make African animals from paper plates—try an elephant, lion and hippo, see p25.
4. Africa is famous for poisonous snakes. Play snakes and ladders—if you’re feeling ambitious, try making your own board to play on.
5. Around 50% of French-speaking people live in Africa. Learn some of the useful French phrases and words on p26. **NB links to Brownies Languages interest badge**
6. Africa is famous for the “Big 5” animals—the elephant, lion, leopard, rhino and buffalo. Find out about one of them, including how endangered they are, and what is being done to try and protect them. **NB links to Brownies UMA All Creatures Great and Small, Brownies UMA Fox, Frog, Flea, Guides UMA Go Wild!**
7. Leopards are amazing at jumping—they can jump up to 6m long, and 3m high. Find out who can jump the furthest and highest in your unit. **NB links to Guides Animal Athletes UMA.**
8. A buffalo’s sense of smell is amazing. Have a go at identifying some different smells yourself when you’re wearing a blindfold —how accurate are you?
9. Rhinos and elephants love wallowing in mud to cool down. Try walking barefoot through mud to see what it feels like. Does it cool you down too?
10. Use paper to make beads, then decorate them once they’re dry. Use them to make a necklace—see p27 for an example.
11. Make a bowl from rolled strips of paper—see p27 for an example. **NB links to Guides Bowled Over UMA**
12. Oware Abapa is a traditional African board game. It’s over 7000 years old, and variations of it are now played all around the world. Play Mancala, a simplified version of it—see p28 for board and instructions.

13. Find out 5 facts about each member of either Africa's Ugly 5—the warthog, hyena, wildebeest, vulture and marabou stork—or the Little 5—the elephant shrew, buffalo weaver bird, rhinoceros beetle, leopard tortoise and antlion.
14. Smalls for All® is a Scottish charity which collects and distributes underwear to help women and children in Africa, meaning girls can attend school all month and women can stay in work. Underwear they receive goes to those living in orphanages, slums, camps for internally displaced people, schools and hospitals. Organise a collection of pants and bras in your community, and when you can, send it to:
- Smalls for All®,  
Five Sisters Business Park,  
Westwood,  
West Calder,  
EH55 8PN.

If you can't organise a collection, why not run a fundraising event for the charity instead? Visit <https://www.smallsforall.org/> for more information and a poster you can download to promote your collection. You could use the money you make to buy underwear from their Amazon wish list.

**NB links to Brownies UMA Charity Choices**

## Pax Lodge

Pax Lodge is the second oldest World Centre, yet it only opened in 1990. It's actually the third site of the London-based World Centre. The first, known as Our Ark, was close to Buckingham Palace and opened in 1938. It only had room to sleep 22 visitors, and by the 1950s had outgrown the space, moving to Earl's Court in 1959.

As part of their silver jubilee in 1963, Our Ark changed its name to Olave House, in tribute to Lady Baden-Powell, the World Chief Guide. By 1978, again outgrowing its space, the Centre was on the move again—this time to Hampstead. Olave House closed in 1988, and London was without a World Centre until Pax Lodge opened, in 1990. On the day of the opening ceremony, the Guider-in-Charge and staff marched 4 miles from Olave House to Pax Lodge with the World Flag, raising money for the centre as they went.

### Activities:

1. London is famous for its red double decker buses. They are 9m long (about 20 steps for Rainbows, 17 for Brownies, 15 steps for Guides and older) and you often hear people refer to things as “the length of 5 London buses” or similar. Use this measurement to work out the length or distance of things in London buses.
2. Have afternoon tea—don't forget to cut the crusts off your cucumber sandwiches!
3. Find out about pearly kings and queens, then design a costume for a pearly princess using the template on p 29 and some buttons or round stickers to stick on.
4. Learn some cockney rhyming slang and see if you can use it in conversation.
5. Create a folded Union Flag using the template on p 30. Learn which country each part of the flag represents.
6. Play the river crossing game—see p 33 for instructions.
7. When the Romans arrived and founded Londinium, there were no bridges. Make the first bridge across the Thames using spaghetti and mini marshmallows.  
**NB: links to Innovate SB stage 2 Edible Architecture, Rainbows construction badge**
8. Sing London Bridge is falling down.
9. London's Burning is about the Great Fire of London in 1666. Sing London's Burning—try and sing it in a round. Campfire's Burning is sung to the tune of London's Burning, and is a traditional way of starting a campfire. Hold a campfire evening and open the meeting with Campfire's Burning. Why not try singing some of the other songs you have learnt, and the World Centre song?

10. The Great Fire of London destroyed about 80% of the city. Design your own version of London. What would you include, and how would you arrange things?
11. The Monument is on the junction of Monument Street and Fish Street Hill in the City of London. It was built between 1671 and 1677 to commemorate the Great Fire of London, and to celebrate the rebuilding of the city. How high is the Monument? How many stairs are in it? If you visit London, climb the Monument and see the views from the top. If you can't visit, climb up and down that many stairs—how fast can you complete them?
12. City Road is a large road in the centre of London (Moorfield's Eye Hospital is located nearby). The Eagle is the name of a local pub which is still trading today. Sing the two verses of Pop Goes the Weasel included here:  
 Half a pound of tuppenny rice  
 Half a pound of treacle  
 Mix it up and make it nice  
 Pop! goes the weasel  
 Up and down the City Road  
 In and out the Eagle  
 That's the way the money goes  
 Pop! goes the weasel.
13. England is famous for cottage gardens with lots of flowers. Try growing some wild flowers.  
**NB links to Brownies Grow Your Own interest badge, Rangers UMA Sow It, Grow It**
14. Sing the Pax Lodge song. You can find videos of it being sung on YouTube, for example: <https://youtu.be/ohBbLdQTkbw>
15. Sing Oranges and Lemons.
16. The rose is the national flower of England. Make roses from tissue paper and pipe-cleaners—see p 31 for instructions.
17. Play a London-themed Kim's Game.
18. London is full of famous buildings—identify the well known London landmarks in the pictures on p32.
19. Match the trades on p34 with their definitions—all are jobs that used to be or still are done in London, and most have a livery company, London's ancient and modern trade associations and guilds.

## Sangam

Sangam means “coming together” in Sanskrit. The 4th World Centre was opened on 16th October 1966 in Pune, India by Lady Baden-Powell. In the foundations of Sangam there is a copper pot containing coins, stamps, and newspaper cuttings from various countries, designed to provide future archaeologists with a time capsule. As visitors enter Sangam, they walk under three arches, representing our three-part promise.

### Activities:

1. Try some traditional Indian dancing—you could choose from Bollywood, Bhangra, or classical Indian. Look for videos online, or see if you can find a teacher to come in and teach you some dance moves.
2. Make and taste a lassi—an Indian yogurt based drink which can be sweet or savoury. See recipe on p35 for details. **NB links to Guides Mixology interest badge, Reflect stage 5 SB**
3. India is famous for carpet weaving. Try making a rag rug of your own.
4. Mehndi is a traditional hand decoration in India. Try decorating your own or your friend’s hand using eye liner (check for allergies) or ice a design onto a hand shaped biscuit. You can try out your design on paper first using the template on p35.
5. Rangoli are drawn on the floor near the entrance to homes, to welcome the goddess Lakshmi in. They are brightly coloured circular, square or hexagonal shapes. Create your own rangoli from rice, seeds, pulses, sand, flowers and chalk.
6. Learn about Holi, the festival of everyone—people throw brightly coloured powder at each other. Give it a try, or find a local colour run and join in.
7. India is the second largest producer of tea in the world. Assam black tea, Darjeeling, white tea, green tea, chai. Taste different teas. Which do you like best?  
**NB links to Rangers UMA Tea Tasting**
8. Decorate a mug to drink your favourite tea from.
9. The peacock is the national bird of India. Make a paper plate peacock—colour it as brightly as possible! See p36 for instructions.
10. Find out about two Indian animals of your choice—our suggestions are: Bengal tiger, one-horned rhino, snow leopard, Indian elephant, Asiatic leopard, or peacock. Find out about conservation projects designed to help preserve their futures.  
**NB link to Lead stage 2 SB, Brownies UMA All Creatures Great and Small**

11. Try different Indian foods—rice, naan, curry, kulfi, chai, spices, sweets...take your pick!
12. Try on a sari.
13. Mandalas represent the universe. They are often used as an aid to meditation, and are designed to be looked at repeatedly. They feature four symmetrical corners, or gates, with a central circular design. Have a go at drawing and colouring in your own mandala pattern, or use ours on p37.

**NB links to Rangers Self-care interest badge**

14. Sing the Sangam song. You can find videos of it being sung on YouTube, for example: <https://youtu.be/sdZU1oHWwUM>
15. Play Kabbadi, one of India's national games. It's over 4000 years old and is a form of tag. Divide into two teams, with at least 3 players per team. Divide the space into two, using chalk, a skipping rope, or tape. To start the game, a player from one team stands near the centre line, takes a breath, then runs into the other half chanting "kabbadi" repeatedly. She tries to tag her opponents, but must return to her half of the space before taking a breath. Everyone she tags joins her team. If she doesn't make it back to her own half before taking a breath, she is out and joins the opposing team. The teams take it in turns to attack. The winner is the team with most players when time is up.

**NB links to Brownies Kabbadi UMA**

16. Play uffangali—you need a pile of large dried beans (kidney beans or similar). Make a pile of the beans on the floor or flat surface. Each girl takes a turn at blowing the pile. Once she's had her turn, she can pick up any bean that is not touching another. Take turns until all the beans are collected. The winner is the one with most beans at the end.

## WAGGGS

WAGGGS is the World Association of Girl Guides and Girl Scouts. It is the largest movement dedicated to women and girls in the world, representing around 10 million girls from 150 different countries. WAGGGS was formed in 1928, at the 5th International Conference, held in Hungary. There were 26 founding member countries: Australia, Belgium, Canada, Czechoslovakia, Denmark, Estonia, Finland, France, Hungary, Iceland, India, Japan, Latvia, Liberia, Lithuania, Luxembourg, Netherlands, New Zealand, Norway, Poland, South Africa, Sweden, Switzerland, UK, USA and Yugoslavia.

WAGGGS is split into five regions: Africa, Arab, Asia Pacific, Europe, and Western Hemisphere. The World Thinking Day Fund, set up in 1932, is used to support Guides and Scouts across the world where the need is greatest.

### Activities:

#### **NB: All activities in this section link to Rangers UMA Guiding Blockbusters**

1. Find and mark the World Centres on a map, find out when they were all opened.  
**NB links to Rainbow UMA World Centre Postcards, Guide UMA World Centre Welcome**
2. Complete the WAGGGS wordsearch on p38
3. Sing the Five World Centres song—words are on p39.
4. Learn about Guiding in one of the countries with a World Centre. Kusafiri travels around Africa, and to date has visited to visit Ghana, South Africa, Rwanda, Kenya, Nigeria, Benin, Madagascar, Uganda and Tanzania.
5. Raise money for the World Thinking Day Fund and send it to WAGGGS.  
**NB links to Brownies Charity interest badge**
6. Know where you fit into WAGGGS—know the names of the following: your unit, district, division, county, region/country, WAGGGS region, WAGGGS.  
**NB links to Brownies UMA Guiding in a Bubble**
7. Access to clean drinking water is a problem across many of the countries where WAGGGS is active. Learn how you could collect clean drinking water, how to purify fresh water so it's safe to drink, and have a go at making your own water filter. See p40 for water filter instructions.  
**NB: links to Brownies Zero Waste interest badge, Brownies UMA In a Fix, Guides UMA Thirsty Work, Rangers Rain Collector UMA.**

8. Find out about Lord and Lady Baden-Powell and the founding of Girlguiding and WAGGGS.
9. Learn about international Guiding opportunities—where could you go as a Guide or Ranger? How would you fundraise to go abroad?

**NB: links to Guides UMA International Explorer**

10. Try different dips or sauces from around the world. Mango chutney (India), raita (India), salsa (Mexico), guacamole (Mexico), fondue (cheese or chocolate, Switzerland), custard (England), mint sauce (England), chakalaka (Africa), piri piri sauce (Africa) or substitute with other sweet and savoury sauces—and remember to check for allergies. Try dipping bread, fruit or vegetables.

**NB: links to Guides UMA Twist that Dish**

11. Draw the World Centres badge—by playing Beetle. Know what each part of the badge represents.

**NB: links to Rainbows UMA Trefoil Creations, Brownies UMA Trefoil Trivia**

12. Create the World Centres badge using scrunched up tissue paper and PVA glue. Know what each part of the badge represents.

**NB: links to Rainbows UMA Trefoil Creations, Brownies UMA Trefoil Trivia**

See p41 for information on the World Badge

13. Take part in the global WAGGGS campfire, held online on 18th April 2020—find the video at <https://youtu.be/4SA0Twrsl14>
14. Take part in the online WAGGGS festival, streamed via YouTube on 17th July 2020. <https://youtu.be/JYYj3nFael8>

## Our Cabaña Activities

### Images and instructions

#### 2. Ice decorative skulls onto biscuits.



#### 3. Create a sombrero from a paper cup and plate.

For each sombrero, you will need:

1 paper plate

1 paper cup

Sticky tape & glue

Hole punch & elastic if using

Scissors

Decorations—ribbon, pompoms, ric rac, pens, stickers, tissue paper etc.



Cut a hole in the middle of the paper plate to fit the paper cup through.

Use sticky tape to secure it so the cup doesn't come out.

Decorate the plate and cup with pompoms, ric rac, ribbon, sequins, stickers, tissue paper and brightly coloured pens.

If you'd like to wear the sombrero, use a hole punch to punch a single hole on opposite sides of the plate. Thread around 20-25cm shirring elastic through and knot the ends.

## 4. Paper Bag Piñatas

For each piñata, you will need:

A paper bag

Tissue or crepe paper (various colours)

Glue stick

Scissors

Stapler

Hole punch (if not using a bag with handles)

Wool or string (if not using a bag with handles)

Sweets/treats to fill it up—we used wrapped sweets like starburst and maoam bloxx.



Decorate your paper bag with strips of crepe or tissue paper, with a fringe cut into the bottom of each strip.

Layer them so that they overlap, up the front and back of your paper bag.

Once decorated, put your sweets into the bag.

Fold over at the top, and staple it closed.

If your bag doesn't have handles, use the hole punch to punch holes just below the staples, then tie string through the holes to act as a handle/hook to hang the pinata from.

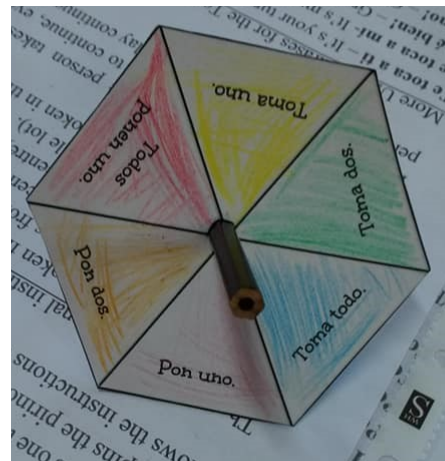
Hang it up, and whack the bag until you get your sweets!

## 5. How to Play Toma Todo or Pirinola Game

The Toma Todo game can be played with two or more players. First, cut out a pirinola (see next page), glue it onto card, and put a pencil through the centre to use as your spinner.

Give each player about ten tokens. You can use beans or sweets, but any small objects will work.

Everyone puts one token into the centre to start, then one player spins the pirinola. She then follows the instructions on the side it lands on.



Cut a pirinola out and put a pencil through the centre to use as the spinner.

These are the traditional instructions in the pirinola:

Toma uno – Take one (token from the centre).

Toma dos – Take two (tokens from the centre).

Pon uno – Put one (token in the centre).

Pon dos – Put two (token in the centre).

Toma todo – Take it all (the whole lot).

Todos ponen – Everyone puts a token in the pile.

When toma todo comes up, the person takes all the tokens in the centre, and in order to continue, everyone must put one token in the centre. Play continues until one person has all the tokens.

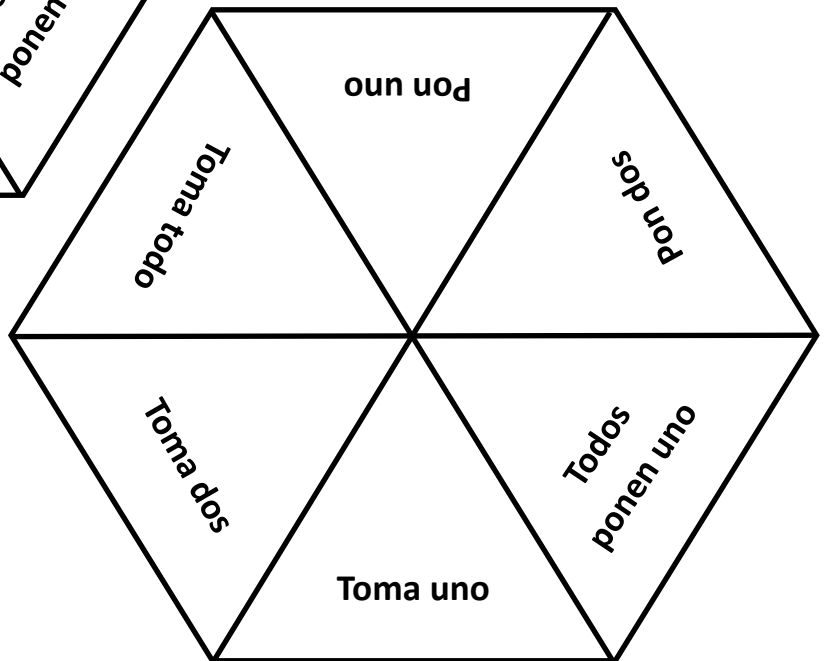
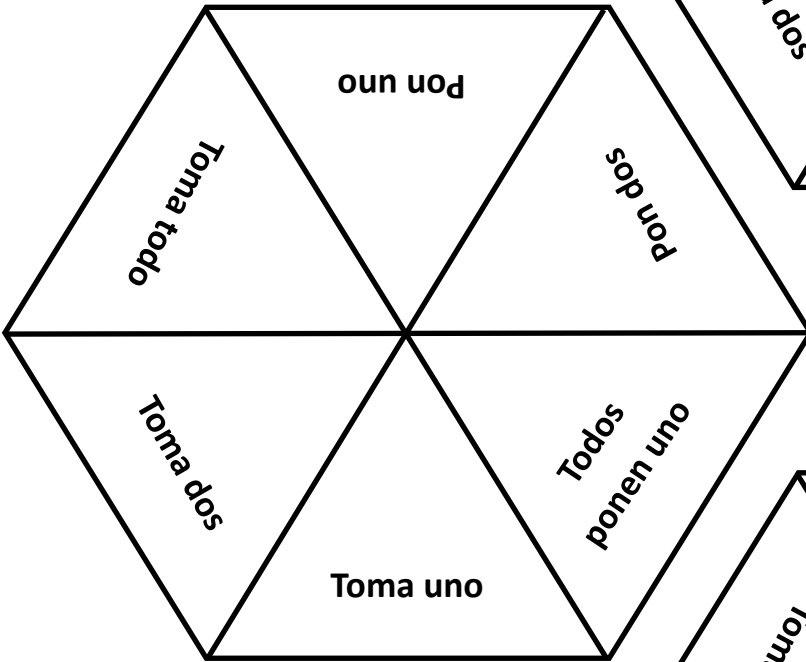
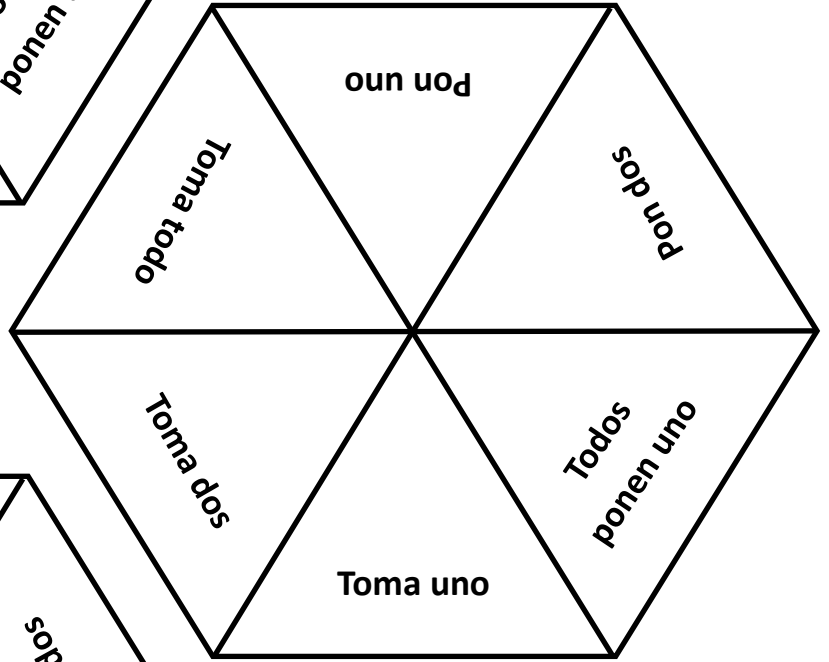
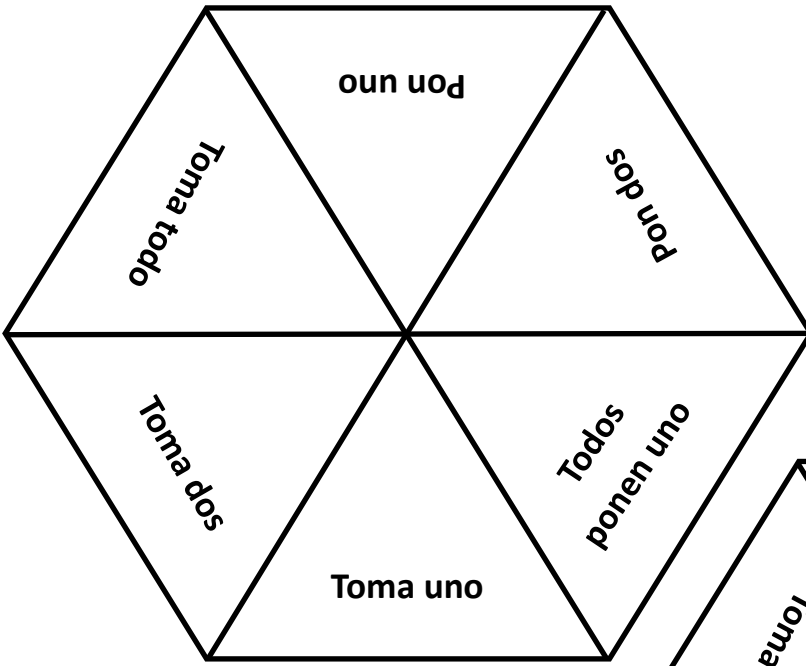
More Useful Phrases for the Toma Todo Game:

Te toca a ti – It's your turn.

Me toca a mí- It's my turn.

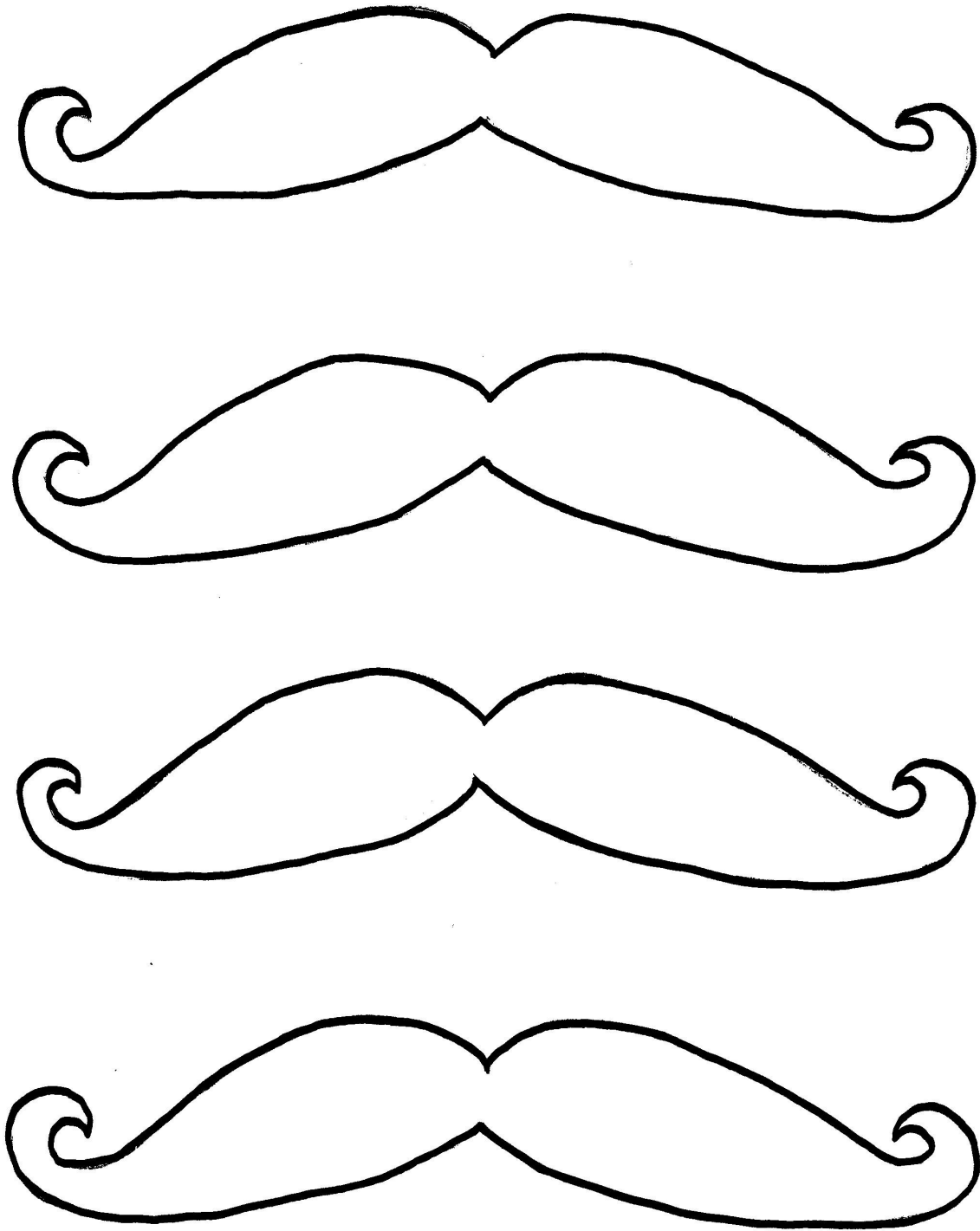
¡Qué bien! – Great!

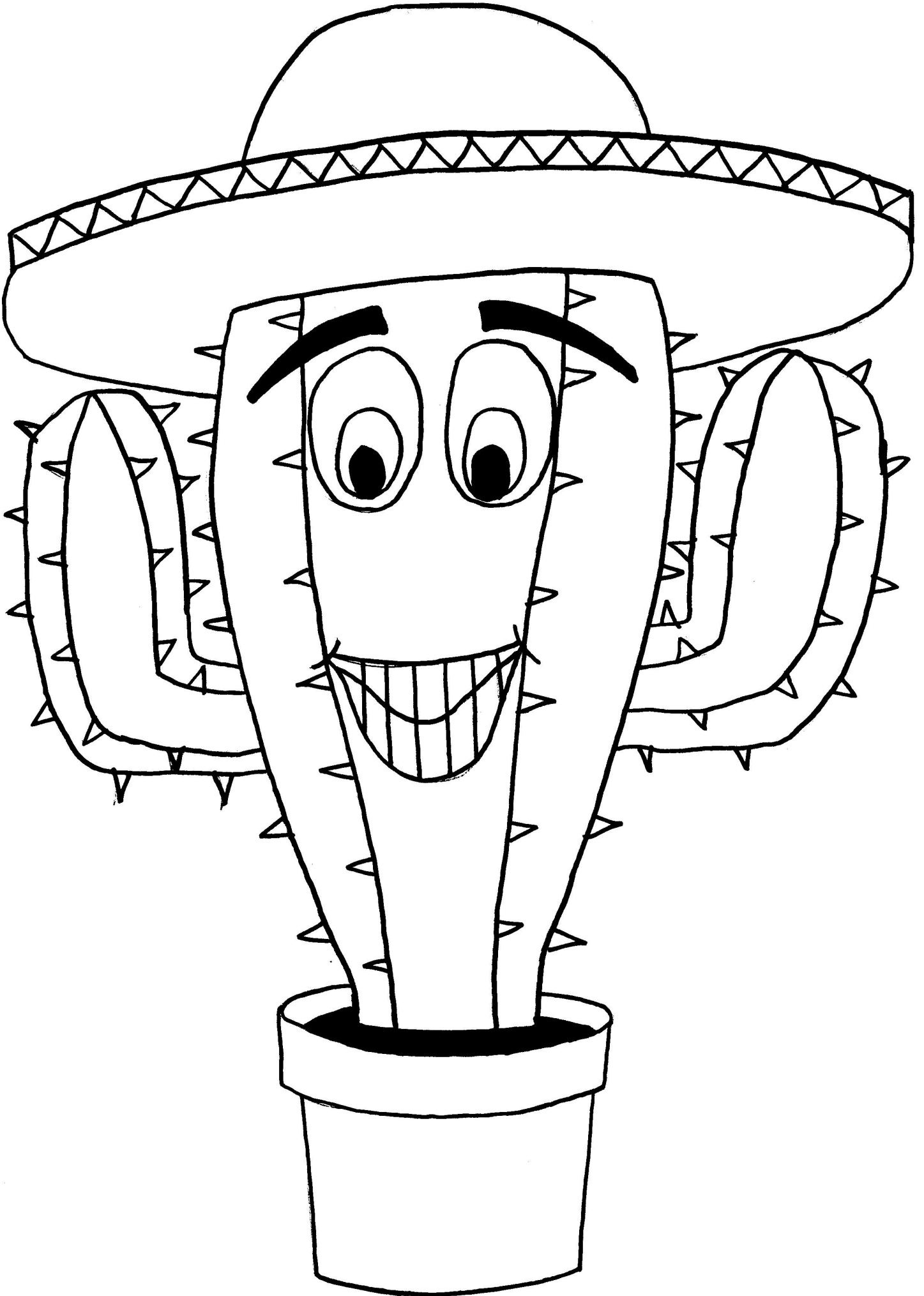
¡Ay, no! – Oh, no!



### 9. Pin the moustache on the cactus

Print, colour if you like, cut out and laminate (if possible) the cactus and the moustaches.





## 12. Make a God's Eye.

For each God's Eye you will need:

2 lolly sticks, chopsticks, skewers or similar

Wool

Scissors

Tie sticks together in the middle.

Twist them round to make an X shape.

Wrap the wool around the lolly sticks in turn—go over, under, and back over before moving on to the next one.

Keep going round the lolly sticks. If your length of wool runs out, simply tuck the end in and switch to a new colour to carry on.



## 13. Cactus Rocks.



These rocks were painted green with acrylic paint and left to dry, before being decorated with sharpies, décor pens and/or posca pens.

Empty egg boxes make a good storage facility!

## **Quesadillas**

For each quesadilla, you will need:

2 tortilla wraps

Grated cheese

Place grated cheese onto one wrap, cover with the other.

Place wraps and cheese into a dry frying pan, heat until the bottom wrap is golden brown.

Turn wraps over and heat until the second wrap is golden brown and the cheese has melted.

Cut into slices and serve.

Each quesadilla will make 8-10 slices.

## **Sweet Nachos**

Place plain lightly salted tortilla chips into an oven proof dish.

Add marshmallows, chocolate buttons, and a sprinkle of sugar and cinnamon.

Cook in the oven, preheated to 180 deg C, for about 3-4 minutes or until the marshmallows and chocolate buttons have gone gooey.

Enjoy!

## **Savoury Nachos**

Place plain tortilla chips into an oven proof dish.

Add grated cheese, place in a preheated oven for about 5-6 minutes or until the cheese has melted.

Add a teaspoon of salsa, guacamole, and sour cream.

Enjoy!

## Our Chalet Activities

### Images and instructions

#### 3. Carving



A traditionally carved wooden trefoil badge, brought back from Our Chalet.



Examples of soap carving. These were done using a cheap supermarket own brand bar of soap and a sharp pencil.

#### 10. Chocolate Fondue

200g chocolate

100ml double cream

100ml milk

40g butter

Put chocolate, cream, milk and butter into a saucepan and heat gently until the chocolate has melted and the mixture is smooth.

Dip apple or banana slices, marshmallows, strawberries, cherries or cubes of sponge cake into the chocolate and eat.

**11. Learn some words in two of these languages:**

<b>English</b>	<b>French</b>	<b>German</b>	<b>Italian</b>
Hello	Bonjour	Guten Tag	Ciao
Goodbye	Au revoir	Auf Wiedersehen	Arrivederla
My name is	Je m'appelle	Ich heiÙe	Mi chiamo
Yes/no	Oui/non	Ja/nein	Sì/no
Thank you	Merci	Danke	Grazie
Please	S'il vous plaît	Bitte	Per favore
Water	L'eau	Wasser	Acqua
Tea	Le thé	Tee	Tè
Milk	Le lait	Milch	Latte
Sugar	Le sucre	Zucker	Zucchero
Coffee	Le café	Kaffee	Caffè
How much	Combien?	Wieviel	Quanto
When	Quand	Wann	Quando
Where	Où	Wo	Dove
What is	Qu'est-ce que c'est	Was ist	Cosa è
Very good	Très bien	Sehr gut	Molto buona
Red	Rouge	Rot	Rosso
Yellow	Jaune	Gelb	Giallo
Blue	Bleu	Blau	Blu
Green	Vert	Grün	Verde
Orange	Orange	Orange	Arancione
Pink	Rose	Rosa	Rosa
One	Un	Eins	Uno
Two	Deux	Zwei	Due
Three	Trois	Drei	Tre
Four	Quatre	Vier	Quattro
Five	Cinq	Fünf	Cinque
Ten	Dix	Zehn	Dieci

# Kusafiri Activities

## Images and instructions

### 1. Make an African drum

You will need:

2 disposable cups

Glue

Masking tape

Brown shoe polish

Black felt tip or marker pen

Instructions:

Glue the two cups together, bases touching.

Cover the whole thing with 10-15cm strips of masking tape, including the top open section.

Using the shoe polish, cover the masking tape approx 2/3 of the way up.

Use the felt tip or marker pen to decorate the outside, using geometric patterns.



### 2. Make a woven coaster

You will need:

Two colours of thin card, cut into coaster sized squares

Glue

Scissors

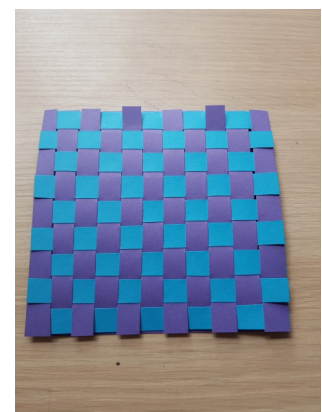
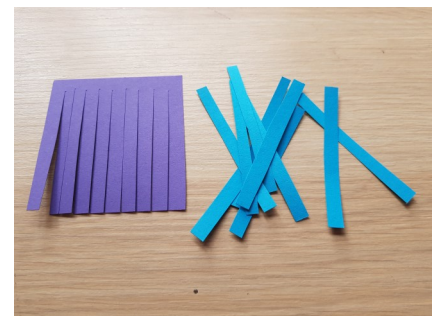
Instructions:

Using scissors, cut one of the squares into thin strips.

Cut the other into strips but leave the top edge joined—this helps stabilise the coaster as you weave.

Weave the strips under and over the lengths of the other colour, pushing each one firmly up to the top as you finish.

Once all the strips are woven, trim the edges to neaten (including removing the joined section) and use small dots of glue to secure them.



### 3. Make some paper plate animals

#### Elephant:

Remove sections of plate edge, reserve one to be the trunk.

Colour plate and trunk grey.

Attach trunk to plate.

Add eyes.



#### Hippo:

Colour plate grey.

Cut oval from paper and colour grey.

Stick oval to bottom of plate, about half way down.

Add ears, eyes, mouth and teeth.



#### Lion:

Colour plate yellow.

Draw eyes, nose and mouth on with black felt tip or marker pen.

Glue around the edge of the plate, add strips of wool to be the mane (strips of coloured paper work too).

Make ears from paper and stick on.



## 5. Learn some useful French phrases

Hello	Bonjour
Goodbye	Au revoir
Good evening	Bonsoir
My name is...	Je m'appelle...
How are you?	Ça va?
I'm fine, thanks	Ça va bien, merci
Where is...	Où est...
What time is it?	Quelle heure à t'il?
I'm hungry	J'ai faim
I'm thirsty	J'ai soif
I live in...	J'habite à...
Do you like...	Aimez-vous...
I need to buy a ticket	Je dois acheter un billet
I don't understand	Je ne comprends pas
Speak slowly, please	Parlez lentement, s'il vous plait
How much is this?	C'est combien?
Where are the toilets?	Où sont les toilettes?
I'm looking for...	Je cherche...
One moment, please	Un moment, s'il vous plait
I can't believe my eyes!	Je ne crois pas mes yeux!
I'm tired	Je suis fatigué

## 10. Use paper to make beads

You will need:

Patterned or coloured paper, cut into long thin triangles

Cocktail sticks or pencils

Glue

Cord or threading elastic

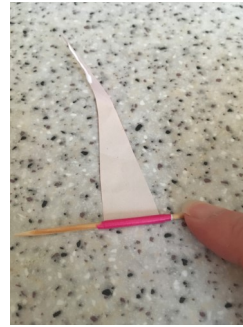
Place a small dab of glue at the pointy end of the paper triangle

Roll it around a cocktail stick or pencil, from the flat end to the pointy end

Secure the pointy end with the glue

Carefully slide off the stick or pencil and leave to dry

Once dry, thread onto cord or elastic to make a necklace



## 11. Use paper to make bowls

You will need:

Magazines

Glue

Sticky tape

Cut the magazine pages into thin strips—about 1cm wide work best

Glue the strips together to form a long, thin strip

Roll the strip as tightly as possible from one end

When completely rolled, secure the end with some sticky tape

Dunk the bowl into PVA glue, making sure it's completely covered, and leave to dry



## 12. Mancala

You will need:

An empty 12-egg box with the lid removed

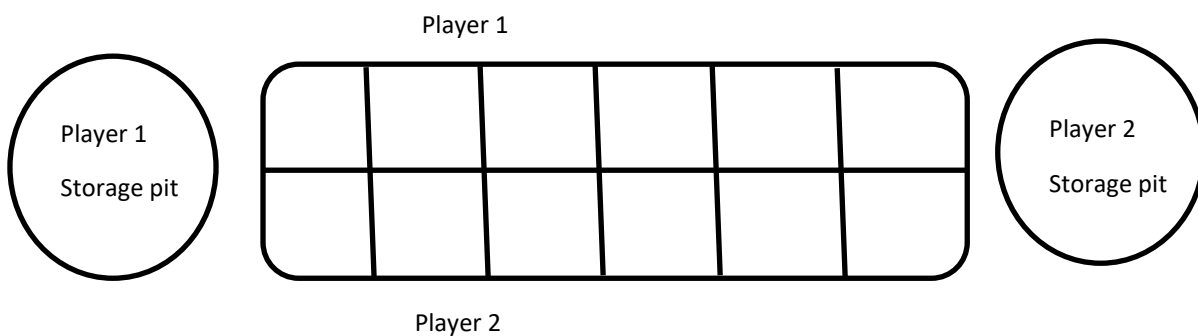
2 small bowls

48 seeds, dried beans or other counters

The egg box is placed between the two players, and a bowl at each end. The bowls are the storage pits.

Your row is the closest to you, and your storage pit is on your right.

Place 4 counters into each section of the egg box.



The first player takes all the counters from one of their sections of the board, and sows them into the next houses along, moving anti-clockwise—including their storage pit if they pass it—but they don't have to drop a seed into the opposite player's storage pit. If the final counter they're holding goes into their storage pit, they get another turn.

The second player repeats this sowing action.

If your last counter lands in an empty house on your side, and there are counters in the house opposite, you may capture both your own counter and those in the house opposite.

The game ends when one player has no counters left on their side of the board. The other player can immediately move all counters on their side of the board into their storage pit.

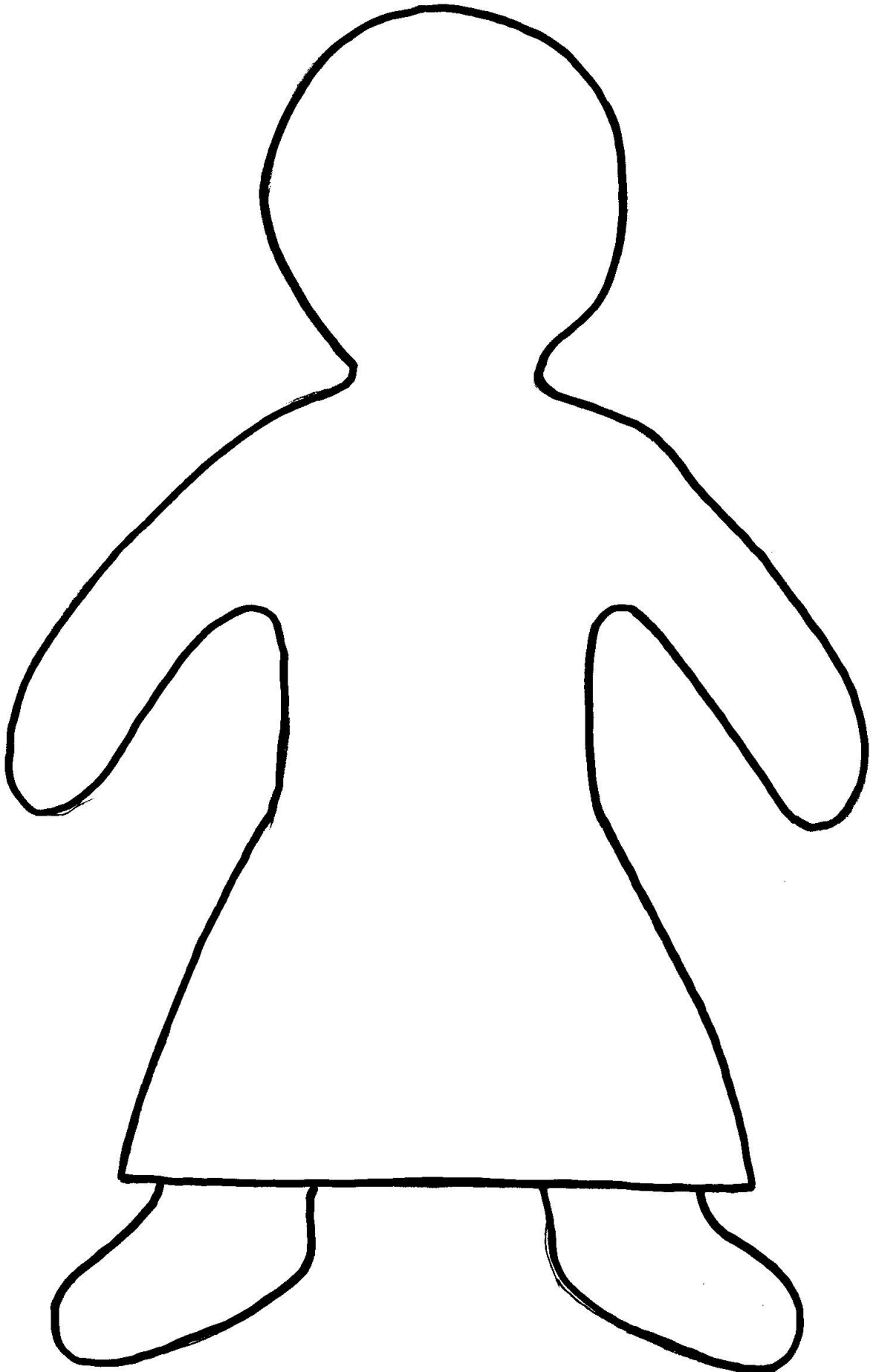
The winner is the one with most counters in their storage pit.

You can also play mancala online, here: <https://rocketsnail.com/mancala/>

# Pax Lodge Activities

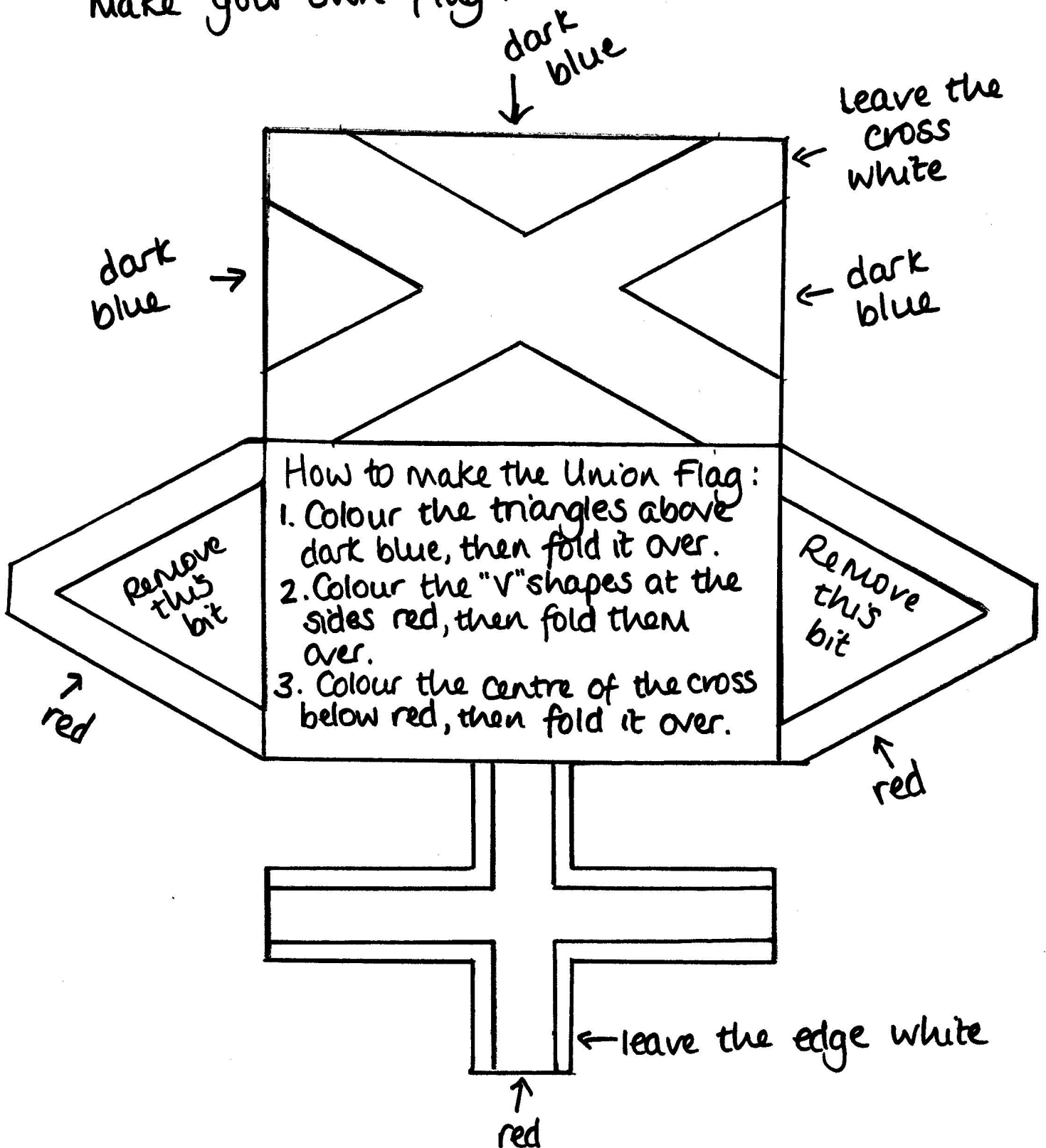
## Images and instructions

### 3. Create your own pearly princess



## 5. Colour and fold your own Union flag.

Cut out, colour and fold this template to make your own flag.



## 16. Make a rose with tissue paper and a pipecleaner.

For each rose, you will need:

1 sheet tissue paper, approx. 33cm x 22cm (mine was from The Works)

1 pipecleaner (green for preference, mine is orange because that's what I had handy!)

Instructions:

Divide your tissue paper into six equal size squares.

Pile them on top of each other.

Fold into a concertina approx. 1cm wide

Bend pipecleaner around middle of the concertina and twist it to secure—this is the stem.

Shape the ends into rough semicircles.

One layer at a time, bend the tissue paper up towards the middle.

Once you've done all the layers, spread the tissue paper out to finish your rose.



Pipecleaner around middle of concertina



Bending layers of tissue paper up



The finished rose

18. Identify these famous London landmarks—we've given you the starting letter of each word to help! Leaders—answers are on the following page.



B.P.



10 D.S.



P.L.



H, R.S.



H.O.P  
or  
B.B.



T.B.



T.O.L.



N.G.



M.



L.E.



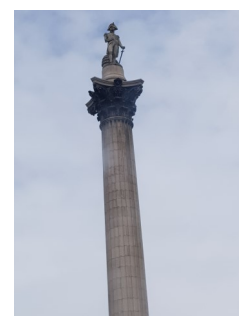
S.P.C.



W.A.



G.



N.C.

**Answers to 18.** The famous landmarks are, from the top moving left to right:

1. Buckingham Palace, 10 Downing Street
2. Pax Lodge, Hamleys Regent Street
3. Houses of Parliament or Big Ben, Tower Bridge
4. Tower of London, National Gallery
5. Monument, London Eye, St Paul's Cathedral
6. Westminster Abbey, Gherkin (30 St Mary Axe is its real name), Nelson's Column.

## **6. Play the river crossing game**

### **You need:**

Skipping ropes or similar to mark the banks of the river

A4 paper or card/foam sitters/similar, one per pair

Blindfolds (optional)

### **Instructions:**

Create the river using the skipping ropes—make it wide enough to be a challenge, at least 3m across.

Each group must cross the river together, using the paper/sitters as rafts.

Nobody can touch the water, it's filled with nasty fish that will eat them! If a hand touches, it must go behind their back. If a foot touches, they have to hop the rest of the way. If they overbalance completely, the whole team must go back to the start.

### **Variations to add challenges:**

Announce a fish jumped up and splashed someone in the eyes, blindfold them.

Rafts must stay in contact with a member of the team at all times—if one is loose, it'll get swept away by the current (steal the raft).

The river is acidic, when two people were on one raft it tipped over and now their legs are fused (tie their legs together).

The crossing is next to a waterfall, which is too loud to hear anyone talking. They can only use mime and gestures to communicate.

Once the first few are nearly across, encourage them to hurry up and get to the bank. They will usually leave a few rafts unattended in their rush, steal them and strand the rest of the team on the river.

## 19. Trades and Definitions

Cut out the trades and their description, mix them up and challenge the girls to match them up.

Drapers	Fabric and sewing materials
Salters	Production and selling of salt
Vintners	Make and sell wine
Cutlers	Make and sell cutlery
Farriers	Shoe horses and trim their feet
Apothecaries	Prepare and sell medicines
Glovers	Make and sell gloves
Haberdashers	Sell small sewing accessories (buttons, ribbons etc)
Skinners	Prepare and sell animal skins
Turners	Woodworkers who turn wood on a lathe
Fletchers	Arrow makers
Pattenmakers	Wooden shoe makers
Founders	Metal workers
Feltmakers	Hat makers

# Sangam Activities

## Images and instructions

### 2. Sweet Lassi

200g pot natural yogurt

100ml milk

1 very ripe mango, peeled and chopped

Honey or sugar to taste

Sprinkle of ground cardamom

Put all the ingredients in a blender and blend until smooth. Sprinkle cardamom on top and serve.

### Salt Lassi

200g pot natural yogurt

70ml water

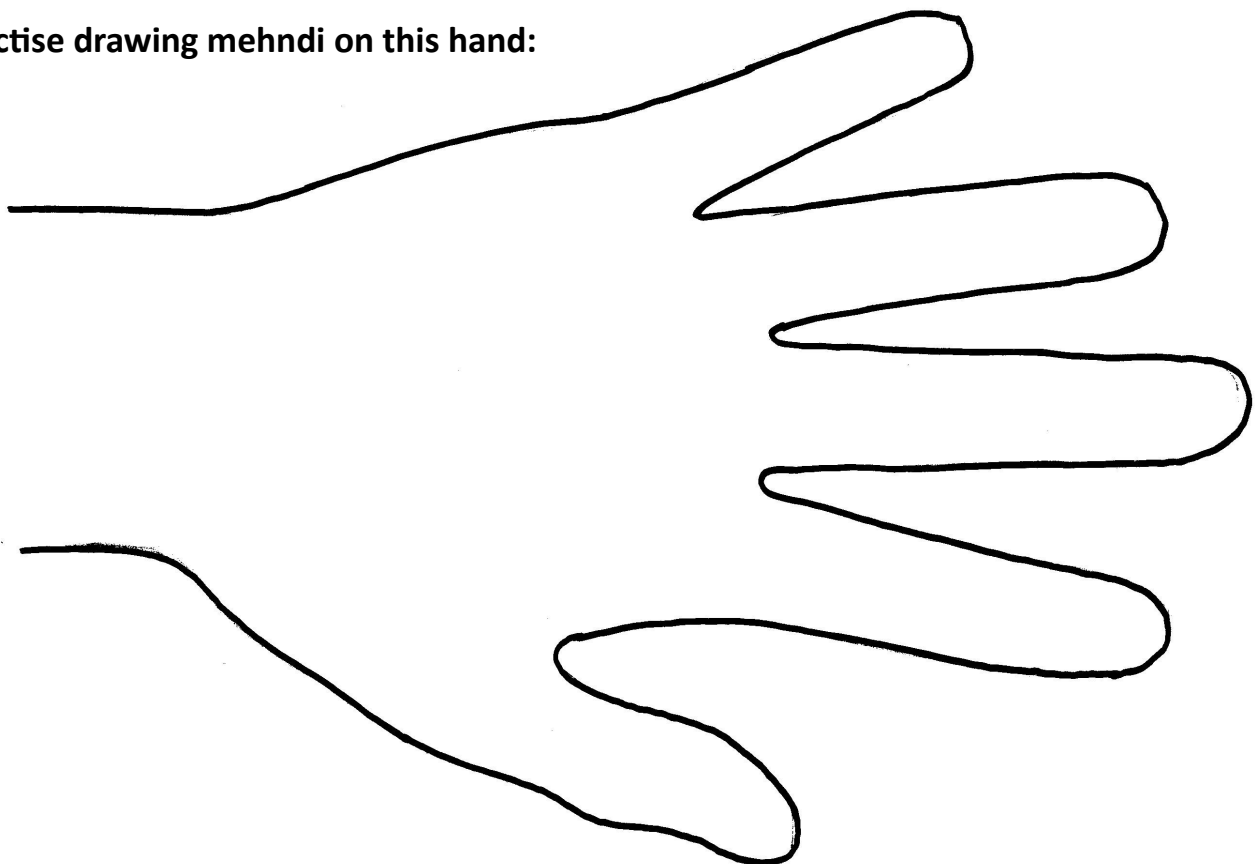
1tsp cumin powder

1/2 tsp salt (to taste)

Mix yogurt, cumin and salt in a bowl.

Add water, blend until it's frothy and serve.

4 Practise drawing mehndi on this hand:



**10. Create a paper plate peacock.**

Colour plate green.

Colour or stick on a blue body

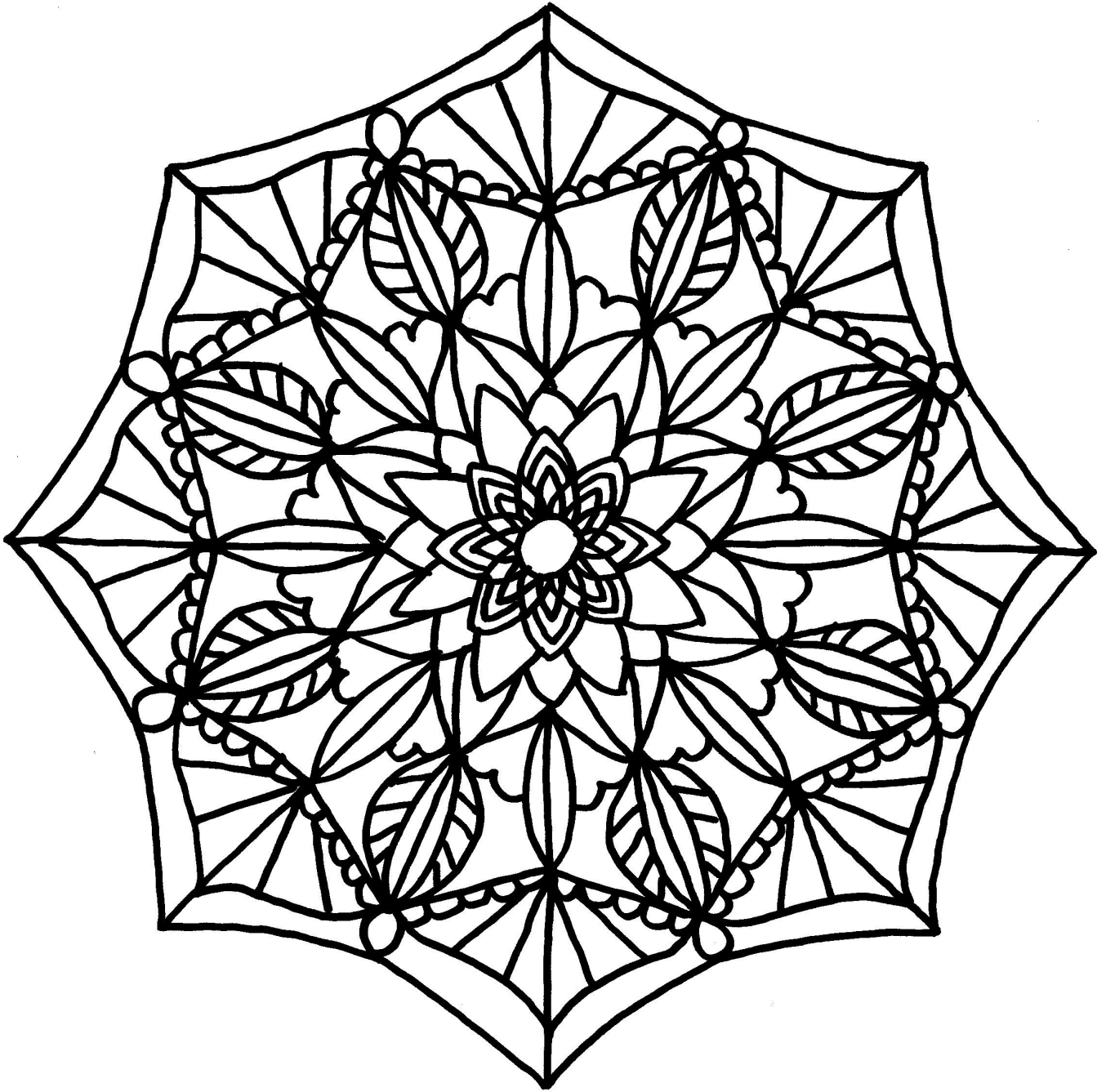
Add eyes and beak

Stick on jewels or shiny paper etc to be the patterns on the feathers

Add feathers to the top of the head.



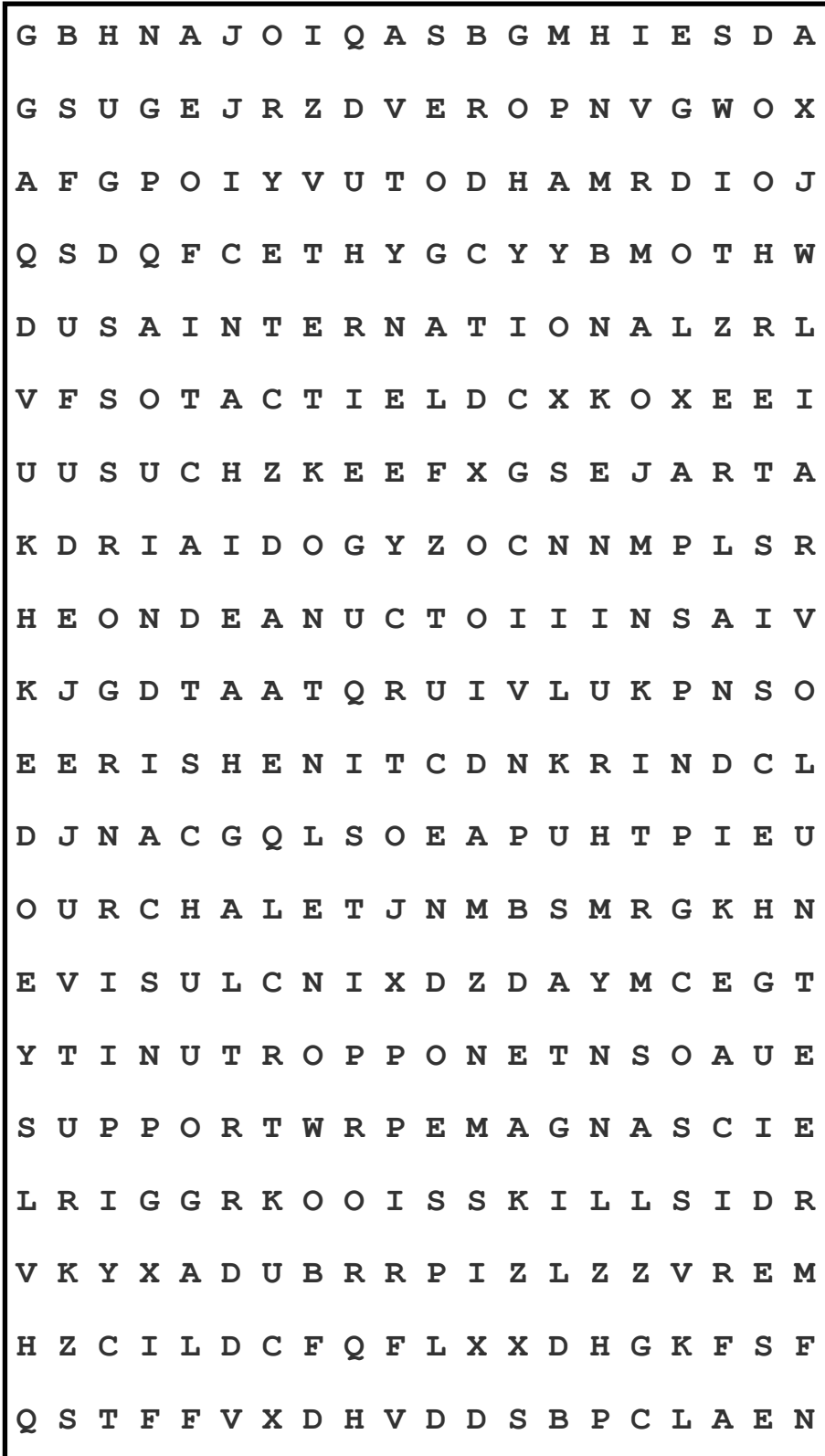
13. An example mandala pattern to colour



# WAGGGS Activities

## Images and instructions

### 4. Complete the wordsearch



### Words to find:

Adventure  
 Africa  
 Association  
 Change  
 Community  
 Flag  
 Friendship  
 Fun  
 Girl  
 Guides  
 Inclusive  
 India  
 International  
 Kusafiri  
 Lead  
 Mexico  
 Opportunity  
 Our Cabana  
 Our Chalet  
 Pax Lodge  
 Proud  
 Sangam  
 Scouts  
 Sisterhood  
 Skills  
 Support  
 Switzerland  
 Thinking Day  
 Trefoil  
 United Kingdom  
 Volunteer  
 World

## 2. Sing the Five World Centres Song

To the tune of In And Out The Dusty Bluebells

### Chorus:

Who knows about the 5 World Centres?  
 Who knows about the 5 World Centres?  
 Who knows about the 5 World Centres?  
 All the Girl Guides do!

### Actions:

Clap hands  
 Clap hands  
 Clap hands  
 Spread arms wide to indicate everyone

1. Pax Lodge—London, England  
 Pax Lodge—London, England  
 Pax Lodge—London, England  
 And its name means “peace”

Curtsey  
 Curtsey  
 Curtsey  
 Make peace sign

Chorus

2. Switzerland has Our Chalet  
 Switzerland has Our Chalet  
 Switzerland has Our Chalet  
 “Shelter on the mountain”

Mime skiing  
 Mime skiing  
 Mime skiing  
 Use arms to make a roof over your head

Chorus

3. Sangam, near Pune, India  
 Sangam, near Pune, India  
 Sangam, near Pune, India  
 It means “coming together”

Hands together above head, move head side to side  
 Hands together above head, move head side to side  
 Hands together above head, move head side to side  
 Hold hands with each other and raise above head

Chorus

4. Mexico has Our Cabaña  
 Mexico has Our Cabaña  
 Mexico has Our Cabaña  
 “A small cabin by a stream”

Pretend to play castanets  
 Pretend to play castanets  
 Pretend to play castanets  
 Make wave motion with arms

Chorus

5. Africa has Kusafiri  
 Africa has Kusafiri  
 Africa has Kusafiri  
 “To journey” in Swahili

Drum hands on lap left, right, left, right  
 Drum hands on lap left, right, left, right  
 Drum hands on lap left, right, left, right  
 Drum hands on lap left, right, left, right

Chorus

## 8. How to make a water filter

This activity uses charcoal—Guides and Rangers may like to have a go at making their own charcoal to use in the filter—build and light a wood fire, make sure it gets really hot, then use earth to put it out. Wait for the charcoal to cool completely before crushing it.

For each filter, you will need:

A large, empty plastic bottle

A coffee filter paper

Activated charcoal, crushed into pea-sized pieces (you can usually buy this in pet shops)

Sand—ideally both fine and coarse

Gravel

Something to catch the water in

Cut the bottom off your bottle—about 2-3 cms from the base

Pierce a hole through the lid using a nail and hammer

Put the coffee filter paper over the neck of the bottle, and tighten the lid over it

Fill the first 1/3 of the bottle with activated charcoal

Add fine sand, followed by coarse sand (if using two grades) so the bottle is just over half full

Add gravel, up to about 5 cms from the top of the bottle

To use, hold your filter with the lid pointing downwards over a jar or other item to catch the water.

Slowly pour dirty water into the top of the filter.

Wait for the water to trickle into your container—this can take anything up to 10 minutes.

If the water isn't clear after it's been filtered, try filtering it again until it is.

Remember not to drink your filtered water as it will still contain bacteria, chemicals and microorganisms that the filter can't remove.

## 11 & 12 The World Badge

The trefoil is the unifying symbol of WAGGGS, every part of it has a meaning.

The golden trefoil on the bright blue background represents the sun shining on all children across the world.

The three leaves represent our three-fold promise.

The base of the stalk represents the flame of the love of humanity.

The vein pointing upwards through the middle of the trefoil is the compass needle that points the way.

The two stars represent the Promise and Law.



# BADGE ORDER FORM

Unit.....County.....

No. of badges.....@ £1 each = £.....

Postage (2nd class letter post)

1-25 badges           £ 2.00

26-65 badges         £ 2.50

66-120 badges       £ 3.00

For larger or international orders please contact me for a quote.

Total £.....

Contact Name and Address: .....  
.....  
.....

Postcode.....

Email: .....

Telephone.....

Please make cheques payable to 4th South Wallington Senior Section and send your order to:

Julia Scott  
2 Lavender Vale  
Wallington  
SM6 9QT

Or pay via PayPal, to 4SWGGuidesRangers@gmail.com, giving your full name and address details.

**Branding Matters**

📧 3 May 2019, 11:29 ☆ ↶ ⋮

to me ▾

Hello Cate,

Thank you for confirming.

I can confirm your badge meets Girlguiding brand guidelines as it has the correct trefoil, localisation and badge name.

Any questions, feel free to email us.

Have a lovely day.

Kind regards,

Jenny

**Jennifer Glancey**

**Girlguiding**

17-19 Buckingham Palace Road  
London  
SW1W 0PT

Tel: 020 7834 6242

[www.girlguiding.org.uk](http://www.girlguiding.org.uk)

[Donate to Girlguiding to change the world for girls and young women](#)



Girlguiding is the leading charity for girls and young women in the UK. We build girls' confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun.



**Lee Ann Fraser** <leeannfraser@hotmail.com>

to me ▾

Hi Cate

That sounds like a great idea! Yes, you have permission to use my song "The Five World Centres Song" in your Challenge Pack.

See the attachments for the song lyrics. I've also sent along the video and sound files for my original "Four World Centres Song". The tune and actions are the same as the updated version. The only differences are the "Four" is now "Five" and the addition of the Kusafiri verse.

Yes, I would love to see your Challenge Pack whenever it is completed.

Thank you for asking for permission and giving me the proper credit for my song.

Have a fun time on your trip! I hope the fundraiser is a success!

**Lee Ann Fraser**

Antigonish

Nova Scotia

Canada

[owl-and-toadstool.blogspot.ca](http://owl-and-toadstool.blogspot.ca)

1 of 1 < > ⚙️

Re: Contact Form Submission for Smalls for All > Inbox x

✕ 🖨️ 📧

**Maria** <maria@smallsforall.org> Tue, 14 May, 17:21 ☆ ↶ ⋮

to me ▾

Hi Cate,  
thanks for this, really appreciate your support.  
If I could ask for one change, sorry! Instead of "refugee camps" could you say "camps for internally displaced people (IDP)" it's just that keeps it in line with our website.  
Hope that's ok.  
Many thanks again.  
Maria

Maria Macnamara  
Founder & CEO

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